

Elkesley Primary and Nursery School

Intent, Implementation, Impact

PΕ

Intent:

We recognise the importance that Physical Education plays in the curriculum and we are committed to providing all children with vast opportunities to engage fully in PE. The aim of our PE programme is to develop children's basic physical competencies, build confidence in their ability and build the foundations for a lifelong love of sport, physical activity and a healthy lifestyle. PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills. These skills are embedded in the heart of our planning.

Our objectives in the teaching of PE align with the National Curriculum in that we aim to ensure all pupils:

- Further knowledge and understanding of a broad range of sports.
- Receive high-quality learning.
- Develop competence to excel in physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.
- Are encouraged to partake in physical activity and exercise.
- Develop competence to excel in a broad range of physical activities.
- Build self-esteem, confidence and resilience.
- Have access to the lesson.

Implementation:

In a PE session you will see:

- Consistency in routines including an introduction and warm up, skill development and plenary.
- Both Teacher-led learning and child-led learning.
- Collaboration and opportunity for partner discussion.
- Opportunities for children to work independently, in pairs and in groups.
- Opportunity for children to perform and feedback.
- Subject specific vocabulary that builds on previous learning.
- Progression in equipment used.

As part of the planning process, teachers plan the following:

- At least 2 hours of quality PE sessions a week.
- We implement our approach through high quality teaching delivering appropriately challenging work for all individuals.
- Every class from EYFS to Y6 follows the GetSet4PE scheme of learning which is based on the National Curriculum. Lessons are personalised to address the individual needs and requirements for a class but coverage is maintained.
- Each area of PE also has a progression ladder which shows progression from EYFS to Year 6.
- Lessons provide children with a wealth of opportunities to develop their physical movement skills as well as achieving whole child objectives.
- Children from EYFS through to Year 6 are taught key vocabulary to deepen their understanding of PE.
- Children have the opportunity to take part in extra-curricular activities and demonstrate their new skills in intra and inter sports competitions.
- All children also have the opportunity in the summer term to take part in a sports day.

Impact:

- Children will make at least good progress in PE from their last point of statutory assessment and from their starting point in Reception.
- Children will use their knowledge and skills in PE to enable them to know more, remember more and understand more.
- Children will retain knowledge that is pertinent to applying taught skills with a real life context.
- All children view themselves as active learners and healthy individuals who can use and apply these skills across the curriculum.
- Children will become confident within the different strands of PE and show resilience when tackling new skills.
- Children will be motivated to participate in a variety of sports through quality teaching that is engaging and fun.
- Children will take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports.
- Children will have the necessary skills and a love for sport.